

LMAOPEN EVENT SCHEDULE

Saturday, March 17, 2012

TAEKWONDO

TIME

8:00AM

DOORS OPEN

8:30AM

REFEREE / COACH MEETING

9:00AM – 10:30AM

ADULT COLOR & BLACK BELTS (18 AND UP) FORMS AND SPARRING

10:00AM – 2:00PM

CHILDREN COLOR & BLACK BELTS (14YRS – 17YRS) FORMS AND SPARRING

12:30PM – 1:00PM

OPENING CEREMONY / LUNCH

2:00PM- 4:00PM

CHILDREN COLOR & BLACK BELTS (5YRS – 9YRS) FORMS AND SPARRING

4:00 – 6:30PM

CHILDREN COLOR & BLACK BELTS (10YRS – 13YRS) FORMS AND SPARRING